



1st INAS Europe Winter Games

ZAKOPANE 2016

29 February - 5 March 2016



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Invitation to

Inas World Nordic–Alpine
Skiing Championships 2016
Zakopane, Poland

29th February to 5th March

Dear sport friends

The Organizing Committee supported by Polish Sport Associations Union and Inas for para-athletes with an intellectual disability have the pleasure to invite you to the 10th Inas World Nordic and Alpine Skiing Championships to be held in Zakopane – Poland.

We would be grateful for your confirmation and participation.
We hope to see you in February 2016 in Zakopane.

Will you participate in the Inas World Nordic and Alpine Skiing Championships 2016.

Yes o Country
.....

The estimated number of athletes nordic skiing M.....W.....
alpine skiing M.....W.....

The estimated number of accompanying persons

Please send this form to Zenon Jaszczur no later than on 30th June 2015

E-mail. sprawmirazem@o2.pl

Phone/fax +48 22 837 79 87

Mobile

+48 502 366 125



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1. ORGANIZATION

ZSS Sprawni-Razem - Sport Associations Union for persons with an intellectual disability

2. STATUS – Sanctioned by

INAS – for para-athletes with an intellectual disability

3. TECHNICAL SUPPORT

PZN – Polish Ski Federation

4. DATE – 29.02.-5.03.2016

5. SPONSORED BY

The city of Zakopane

The city of Zakopane is situated in the southernmost region of Poland near the border with Slovakia.

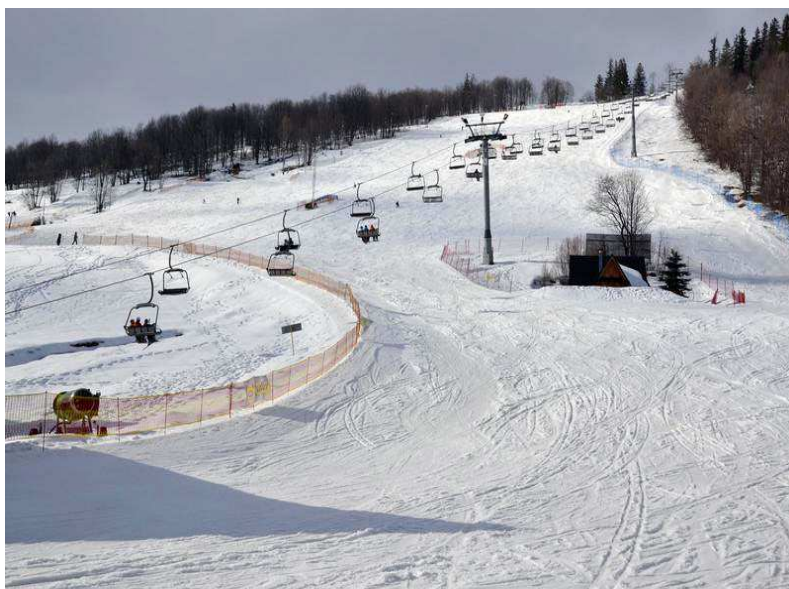
It lies in a valley between the Tatra Mountains and Gubałówka Hill. It can be reached by train or by bus from the district capital, Kraków, which is about two hours away. It takes one hour and thirty minutes to travel there from Balice Airport.

Zakopane has an elevation of 800-1000 metres above sea level. Zakopane is a centre of Highlander Culture and is known informally as “the winter capital of Poland”

29.02-5.03.2016

6. VENUE

Alpine skiing –Harena Zakopane www.harendazakopane.pl



Nordic skiing –COS Zakopane www.zakopane.cos.pl



8. AIRLINES

Direct fly from several European main Airports to the Balice (Krakow) International Airport. The organizing Committee will provide transportation from and to the Balice Airport, as well as during the championships. The road trip from Balice to Zakopane lasts 90 minutes.

9. ACCOMODATION

All teams will be accommodated at a guest-house Maria 5.
All meals will be served at the hotel, in which a free Wi-Fi service is provided.
Link to the hotel www.mariazakopane.pl



10. PROVISIONAL PROGRAMME

February 29 th Monday	Arrival of the Delegations Unofficial training Accreditation Opening ceremony
March 1 st Tuesday	5km Women 10 km Men free Technical Alpine Ski –Slalom Men/Women
March 2 nd Wednesday	Sprint Women/Men classic Alpine ski GS Women/Men
March 3 th Thursday	Relay 3x 2,5km Women classic Relay 3x 2,5km Men classic Social programme
March 4 th Friday	10 km Women, 15km Men free Alpine ski Super GW/M Closing Ceremony
March 5 th Saturday	Departure of the Delegations

11. SPORTS RULES AND REGULATIONS

The events will be conducted in accordance with the current rules of INAS and the FIS-International Ski Federation rules.

12. ELIGIBILITY/ACCREDITATION

All athletes entering the event must appear on the INAS Classification Master List no later than the final entry deadline. Applications for new athletes must be submitted to INAS as soon as possible. Athletes who do not meet the qualifying criteria or do not appear on the INAS Classification Master list are not eligible for this event. There is no guest entry. Accreditation cards will be issued to each athlete after she/he has personally proved her/his eligibility registration card and passport to an INAS officer.

13. PARTICIPANTS

No limit number of participants per country.
For the team competition (relay) a country has to register a minimum of 3 competitors of men and/or women.

14. MEDICAL SERVICE

The sports medical staff will be present during each training and competition day.

15. INSURANCE

The Organizing Committee ensures satisfactory arrangements in respect of public liability and professional indemnity.
Members of the participating teams are responsible for meeting their own insurance requirements for travel, personal accidents, liabilities and medical matters.

16. VISA REQUIREMENTS

Visa to come to Poland might be required for some countries. You can find information about Visas between Poland and others countries through the following link:

<http://www.msz.gov.pl/visa.requirements.2345.html>

17. LANGUAGE

English is the official language of INAS event – all materials and information will be available in English.

18. VOLUNTARY SERVICE

The Organizing Committee will provide to each team a volunteer who will also be able to assist with interpretation.

19. WEATHER CONDITIONS

The weather in Zakopane is usually cloudy and windy, and temperature is around 2 degrees Celsius.

20. CEREMONIES

The opening ceremony will be conducted on Monday February 29th in the evening.

The closing ceremony will be held on Friday March 5th. All participating countries are required to bring three national flags (80X120) and CD with their national anthem.

21. SOCIAL PROGRAMME

Leisure and recreational activities are available – Zakopane sightseeing and visits to the regional museum.

22. ENTRY FEE

The entry fee is 500 Euro per person for double room for all members of the delegation (athletes, coaches and staff). It included accommodation, full board, transport from and to the airport, local transportation, social programme, and all ceremonies are included in the whole package.

INAS tax. The entry fee must include 45 € INAS capitax per person for all athletes (does not apply to team staff)

REGISTRATION FORMS

- Intention of Participation (estimated number of athletes – Nordic/alpine skiing and staff) – before 30th June 2015
- 1st entry form (by name) – before 30th December 2015
- 2nd form (of arrival details) – before 31st January 2016

PAYMENT

The entry fee must be paid to:

BANK	BANK ZACHODNI WBK
IBAN	PL73 1500 1911 1219 1034 6586 0000
BIC	WBKPPLPP
ADDRESS BANK	ul. CIOŁKA 10 01-402 WARSZAWA
OWNER	ZSS SPRAWNI-RAZEM ul. BOLECHA 34 01-419 WARSZAWA

Organization and information office
ZSS „Sprawni-Razem”
ul. Bolecha 34
01-419 WARSZAWA, Poland
Tel/fax:0048 22 837 79 87
e-mail: sprawnirazem@o2.pl



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STAFF INFORMATION FORM 2016 INAS Alpine and Nordic World Skiing Championships

Zakopane Poland

Country

Please provide
digital
Pass photo in
jpg.-format

Family Name: _____

Given Name(s): _____

Title/Responsibility: _____

Male /Female Date of Birth(dd/mm/yyyy): _____

Special requirements, vegetarian , diet restrictions: _____

Please return this form to sprawnirazem@o2.pl and nick.parr@inas.org
No later than 30th December 2015

Recognized INAS members country representative signature /stamp/data:



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ATHLETE INFORMATION FORM 2016 INAS World Nordic and Alpine Skiing Championships

Zakopane Poland

Country

Please provide
digital
Pass photo in
jpg.-format

Family Name: _____

Given Name(s): _____

Title/Responsibility: _____

Male /Female Date of Birth(dd/mm/yyyy): _____

Nordic: 5k, female free 10k, female free 10k, male free 15k men free
Sprint 1k men and women classic, relay 3x2,5 km W/M classic

Alpine: Slalom Giant slalom Downhill/Super-G

Special requirements, vegetarian, diet restrictions: _____

Please return this form to sprawnirazem@o2.pl and nick.parr@inas.org
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