

Sochi 2014 Paralympic Villages Menu

24 HOUR SERVICE

Main menu table with columns for Day 1-5, Breakfast, Lunch, Dinner, and Dessert. Each item includes a name and a table of nutritional values (Protein, Fat, Carbs, Calories).

24 Hour Service

Breakfast

	Grated Cheddar	Tofu	Smoked Turkey	Salami (Finocchiona, Napoliatano)	Roast Beef	Smoked Salmon	Pastrami	Ham	Smoked Chicken	Scrambled Egg	Fried Eggs "Grill Stations"	Boiled Eggs	Omelette	Egg Whites Omelette	Bunsing Stations	Russian Vinaigret Salad	Roasted Egg Plant Salad	Pancake	Sirnik (Cottage Cheese)	Vegetables Pancake (Aldi) "VEGEN"	Chicken Broth	European Stations	Fresh Mixed Leaf Salad	Bacon	Beefed Beans	Roasted Potatoes	Grilled Tomatoes	Grilled Mushroom	Grilled Chicken Fillet	Hotd & Vegetarian Station	Roast Beef Halal	Smoked Salmon Halal	Steamed Sausages Halal	Steamed Miso Vegetables	Vegetables Pancake (Aldi) Beetroot	Asian Stations	Asian Style Vegetables Yakitori	Steamed Basmati Rice	Miso Soup	Mix Steamed Vegetables	Steamed Pork Gyozza	Mix Pickled Vegetables	Pickled Cucumber	Avocado Vegetarian Roll	Lunch and Dinner	Russian Stations	Oliver Chicken Salad	Cucumber and Mint Salad	Marinated Cabbage Russian Way with Cowsberry and Apple	Ham and Red Beans Salad	Shurba (Caucasian Soup with Ground Beef and Bell Pepper, Potatoes and Tomatoes)	Mix Meat Soup and Olive Pickled Cucumber and Lemon	Cauliflower Soup	Russian Goulash with lamb	Stuffed Turkey	Beef Roquet Russian Way with Vegetables	Chicken Penne	Jacket Potatoes with Mushrooms	Baked Potatoes with Mushrooms	Steamed Rice	Honey Tort	Apple Pie	Chocolate Tort	European Stations	Chicken Caesar Grilled Chicken with Fresh Romane Lettuce	Tomato Bruschetta Rice Orange Tomatoes, Fresh Basil	Mushroom Vegg Salad	Pure Broccoli Soup	Chili Bean Soup	Roasted Veg Escalope	Steamed Chicken Breast	TrouT Fillet	Baked Sweet Potato	Steamed Brown Rice	Mix Steamed Vegetables	Cherry Pie	Apricot Pie	Fruits Jelly	Grilled Lamb	Grilled Chicken Breast	Grilled Salmon	Corn	Bel Peppers	Free	Gluten Free Pizza + Basic Pizza	Tomato Sauce or Plain	Grilled Vegetables	Cheese Mizzarella	Pepparoni	Mushroom	Sliced Green and Black Olives	Chicken	Pasta	Spaghetti	Gluten Free Pasta	Tomato Basil Sauce	Arabiata Sauce	Parmesan	Beef	Sliced Green and Black Olives	Salad	Three Bean Salad	Tomatoes Onion Salad	Beef Steak Salad	Chicken Breast with Rosemary & Garlic	Salmon Lemon	Zucchini	Steamed Rice	Salad	Tomatoes Onion Salad	Carrot Salad	Vegetarian Beans Stew	Dahl (Curried Lentils)	Steamed Rice	Asian	Avocado Vegetarian Roll	Smoked Turkey	Soy Sauce	Washi	Ginger	Miso Soup	Asian Vegetable Soup	Kim Chi	Sticky Rice	Jasmine Rice	Soba Noodles	Marinade Chicken	Shrimps	Grated Cheddar	Tofu	Smoked Turkey	Salami (Finocchiona, Napoliatano)	Roast Beef	Smoked Salmon	Pastrami	Ham	Smoked Chicken	Scrambled Egg	Fried Eggs "Grill Stations"	Boiled Eggs	Omelette	Egg Whites Omelette	Bunsing Stations	Russian Vinaigret Salad	Roasted Egg Plant Salad	Pancake	Sirnik (Cottage Cheese)	Vegetables Pancake (Aldi) "VEGEN"	Chicken Broth	European Stations	Fresh Mixed Leaf Salad	Bacon	Beefed Beans	Roasted Potatoes	Grilled Tomatoes	Grilled Mushroom	Grilled Chicken Fillet	Hotd & Vegetarian Station	Roast Beef Halal	Smoked Salmon Halal	Steamed Sausages Halal	Steamed Miso 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Potato	Steamed Brown Rice	Mix Steamed Vegetables	Cherry Pie	Apricot Pie	Fruits Jelly	Grilled Lamb	Grilled Chicken Breast	Grilled Salmon	Corn	Bel Peppers	Free	Gluten Free Pizza + Basic Pizza	Tomato Sauce or Plain	Grilled Vegetables	Cheese Mizzarella	Pepparoni	Mushroom	Sliced Green and Black Olives	Chicken	Pasta	Spaghetti	Gluten Free Pasta	Tomato Basil Sauce	Arabiata Sauce	Parmesan	Beef	Sliced Green and Black Olives	Salad	Three Bean Salad	Tomatoes Onion Salad	Beef Steak Salad	Chicken Breast with Rosemary & Garlic	Salmon Lemon	Zucchini	Steamed Rice	Salad	Tomatoes Onion Salad	Carrot Salad	Vegetarian Beans Stew	Dahl (Curried Lentils)	Steamed Rice	Asian	Avocado Vegetarian Roll	Smoked Turkey	Soy Sauce	Washi	Ginger	Miso Soup	Asian Vegetable Soup	Kim Chi	Sticky Rice	Jasmine Rice	Soba Noodles	Marinade Chicken	Shrimps	Grated Cheddar	Tofu	Smoked Turkey	Salami (Finocchiona, Napoliatano)	Roast Beef	Smoked Salmon	Pastrami	Ham	Smoked Chicken	Scrambled Egg	Fried Eggs "Grill Stations"	Boiled 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